

Winter Extracurriculars 2022



"As we observe children, we see the vitality of their spirit, the maximum effort put forth in all they do, the intuition, attention and focus they bring to all life's events, and the sheer joy they experience in living"
-Dr. Maria Montessori

WOODLAND HILL

MONTESSORI SCHOOL
ESTABLISHED IN 1965

Primary Programs

(CLASSES RUN FROM 3:00-4:00 PM UNLESS OTHERWISE NOTED) JANUARY 10 -MARCH 11)

MONDAY

Gymnastics: Join Ben Kelts for primary gymnastics! Learn to tumble, roll, and balance your body on the balance beam. This class will demonstrate the foundations of gymnastics while teaching your child to control their body.
Limit: 15 students/\$125

TUESDAY

Fit and Fun!: We'll play fun games, exercise and create our own challenges to let out all our afternoon energy.
Limit: 12 students/\$125



WEDNESDAY

El Club De Espanol- This class is for the little language sponges in the Primary Program to immerse themselves in more fun filled Spanish Instruction. They will learn songs, games and build their knowledge each week with repetition and connection to language.
Limit 10 students/\$110

Library Workshop: Students will explore different genres through the world of literature. We will build our talents in reading while getting to know different characters through books!
Limit 10 students/\$120

THURSDAY

Artist's Studio: Bright colors, bold brushstrokes and art pieces that challenge the eye! You will learn the different color patterns and create amazing art!
Limit 10 students/\$120

Little Master Chefs: Create fun meals/snacks in this fun extracurricular. We will experiment with different flavor creations and get to enjoy the treats we create!
Limit 8 students/\$160

FRIDAY

Sound of Music: The children will learn about a variety of instruments, while expressing themselves through song and movement.
Limit 10 students/\$110



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Elementary Programs

(CLASSES RUN FROM 3:00-4:00 PM UNLESS OTHERWISE NOTED) JANUARY 10 -MARCH 11)

MONDAY

Dungeons and Dragons Club (UE):

Explore the world of D & D through this club. Players will be grouped in adventuring teams and will be embarking on various quests!

Limit 8 students/\$120

Yoga (LE): Namaste. Yoga can be a place to be social and play, all while doing good things for our bodies and minds. Yoga is an encouraged practice for young athletes to build strength, balance, and flexibility.

Limit 10 students/\$130

Olympics of the Visual Arts (UE):

OVA is a state-wide creative problem-solving event in which student teams enter a long-term design solution in one of eight categories and participate in an on-demand design prompt.

Teams present a portfolio along with their entry to showcase the research, planning and iterations that led to the final design. Final designs this year will be submitted digitally.

Limit 10 students/\$120

Karate (LE): Join Mr. Mbodj for beginner karate! You will learn balance, discipline and structure in this beautiful form practiced for hundreds of years.

Limit 15 students

4:00-5:00 pm/\$150

TUESDAY

Cribbage Club (UE): Students will learn this fun fast paced card game. Students will learn tricks and try their luck to be the winner of this age old card game.

Limit 10 students/\$120

WEDNESDAY

Dungeons and Dragons Club (LE):

Explore the world of D & D through this club. Players will be grouped in adventuring teams and will be embarking on quests!

Limit 8 students/\$120

Tech Workshop (LE): Students will learn about various programs and apps via their iPad. Learn about the latest technological advances in design, coding and more!

Limit 10 students/\$130

Winter Wilderness (LE/UE/MS): Join Ben Kelts for an awesome session of survival in the wild woods of WHMS. Students will experience the timeless joy of exploring nature. Together as a small "village," they will encounter natural mysteries and exciting challenges, while gaining comfort and self-sufficiency in the outdoors.

Limit 8 students/\$150



THURSDAY

Cooking Club (LE) In this club students will strengthen their skills in the kitchen and explore the love for food! We'll hone our cooking skills while creating comfort food dishes for the winter!

Limit 8 students/\$160

Weaving Club (UE): In this club students will use their hands to create beautiful pieces of fabric. The students will learn different weaving techniques and will be able to use our donated looms!

Limit 6 students/\$130

Chess Club (UE): Chess is a fun game that builds on a students knowledge, communication, balance and skill. The chess club is meant to foster students intellectual growth while having fun.

Limit 8 students/\$120

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Middle School Programs

(CLASSES RUN FROM 3:00-4:00 PM UNLESS OTHERWISE NOTED)

MONDAY

Jazz/Rock Band (UE/MS): Join Iggy for a hybrid jazz/rock band experience! Please reach out to Iggy Calabria if you are interested. Prior jazz/rock instrument experience is required to join this extracurricular.

\$120

Olympics of the Visual Arts (UE/MS):

Olympics of the Visual Arts is a state wide creative problem-solving event in which student teams of one or more enter a long-term design solution in one of eight categories and participate in an on-demand design prompt. The categories include: architecture, drawing, fashion, illustration, jewelry, painting, photography and sculpture. Teams present a portfolio along with their entry to showcase the research, planning and iterations that led to the final design. Final designs this year will be submitted digitally.
Limit 10 students/\$120

WEDNESDAY

Curator Club: This class is open to MS students interested in learning how to curate an art exhibit. The class will work together as a team to present two Spring art shows in WHMS's FLOCKart container gallery. The invitations to the spring exhibits have been sent! Students will now be responsible for: organizing the transportation and hanging of the artwork, designing advertising and invitations to the shows, and coordinating the openings.

\$120

Winter Wilderness (LE/UE/MS): Join Ben Kelts for an awesome session of survival in the wild woods of WHMS. Students will experience the timeless joy of exploring nature. Together as a small "village," they will encounter natural mysteries and exciting challenges, while gaining comfort and self-sufficiency in the outdoors.

Limit 8 students/\$130



THURSDAY

Chess Club: Chess is a fun game that builds on a student's knowledge, communication, balance and skill. The chess club is meant to foster student intellectual growth while having fun.

Limit 8 students/\$120

FRIDAY

Yearbook: MS Students still have the opportunity to assist in creating memories for years to come. Students will assist with yearbook photography, style, and design. (Students who are previously signed up do not need to re-enroll)

\$70

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Sports Offerings

We are pleased to be able to provide athletic opportunities for our students and the chance to participate in our very own sports teams. Please be advised that team sports are a commitment.

All students who participate will be required to attend all practices as well as scheduled games.

VOLLEYBALL

(UE/MS) Join Ben for another great season of volleyball. Work cooperatively as a team and develop your volleyball skills all while practicing good sportsmanship. Games will be set up with other local schools and those dates will be determined in January. Game days and times may vary. The Volleyball Season will run until the end of March.

**Monday (MS)/Wednesday (UE)
Practice 4:00-5:00./\$150**

Contact Ben Kelts
bkelts@woodlandhill.org for additional
information

BASKETBALL

(UE) The Basketball Season will continue to run until the end of March. We are very excited to announce the following scheduled games for our Basketball Team this season:

12/14/21 – Hebrew Academy of the Capital District @ Woodland Hill 4:00 pm

12/16/21 – Our Saviors @ Woodland Hill 4:00pm

1/10/22 – Woodland Hill @ Our Saviors 4:00pm (63 Mountain View Ave, Albany, NY 12205)

1/18/22 – Hebrew Academy of the Capital District @ Woodland Hill 4:00 pm

Please be sure to mark your calendars!
More games to be scheduled at a later date.

Contact Julio Gonzalez
jgonzalez@woodlandhill.org for additional
information



COVID SAFETY PROTOCOLS FOR VOLLEYBALL AND BASKETBALL

Additionally, in order to align with our COVID safety protocols, all of our players are required to wear masks and guests are required to wear masks as well. All adults who are visiting will be required to show proof of vaccination or have proof of a negative COVID test they've taken within 72 hours. We are only allowing players one spectator each. We will be live streaming the games for those who can't attend here at Woodland Hill.

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